



---

## EPISODE 21 | HOPE GUIDE

Grieving Differently after Pregnancy Loss  
with Moria Rooney

**LISTEN NOW**



## EPISODE 21 HOPE GUIDE

# Welcome!

Hello sweet momma. Oh, how I wish you didn't need to be listening to a podcast on finding hope after pregnancy or infant loss. My heart breaks for you that you've experienced the loss of a baby.

I am so incredibly sorry for your loss.

I wish I could give you a big hug right now and tell you that you're not alone in your grief. I am here to walk this heartbreaking journey with you. I know firsthand how devastating, life-changing, and sorrowful it is to lose a baby.

My sweet daughter, Bridget Faith, was born into Heaven at 24 weeks into my first pregnancy in 2014. In my deep grief and sadness, I questioned how a good God could allow this to happen to me. As I wrestled with my faith, I came to a place of absolute surrender.

It's a long story (one you'll hear throughout our podcast episodes), but I learned to trust God and allow Him to heal my heart. In doing so, He led me to start a nonprofit ministry called Bridget's Cradles.

You can read more about what we do on our website (and in this Hope Guide), but our mission is to provide comfort, hope, and healing to families grieving the loss of a baby in Heaven. The Cradled in Hope Podcast is an extension of our ministry with the same mission.

We firmly believe that surrendering our suffering to God will allow us to find joy again. He can heal our hearts and use our grief for good. And most importantly, through faith in His son, Jesus, we have the hope to see our babies again in Heaven. Jesus has defeated death and He promises us eternal life with Him and our babies. Though we may grieve, we do not grieve without hope.

With Hope,

*Ashley Opliger*





# Show Notes



## EPISODE 21 WITH MORIA ROONEY

**Join us for a conversation with Moria Rooney, founder of [Mother of Wilde](#). After losing her son, Noah Wilde, she started a business that sells memorial prints of babies who passed due to miscarriage, stillbirth, or infant loss.**

Moria shares how her faith in Jesus allowed her to grieve differently than the world grieves: with hope. Even after unanswered prayers and a devastating loss, she learned to trust in God's good and unchanging character. Now, she blesses grieving moms with beautiful prints of their babies to remind them of the hope they have to see their babies again in Heaven.

### **In this episode, we discussed:**

- How to have faith when God doesn't perform the miracle you prayed for
- What it's like giving birth to death
- Why don't we blame Satan for our loss instead of God?
- Suffering's role in the Christian's life
- Searching for answers and the 'why'
- The complexities of sharing photos of our babies who have died
- Why memorial prints are so special and important
- How Mother of Wilde began and what they do
- Planting seeds for the Gospel
- Using your strengths, skills, and even college degrees for God's glory
- A coupon code for 15% off a baby memorial print

**Find the full episode transcript [here](#).**



**LISTEN NOW**

# Show Notes



## KEY VERSES FROM THE EPISODE

- Though He slay me, yet will I trust Him. Even so, I will defend my own ways before Him. **-Job 13:15 NKJV**
- Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness. And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing. **-James 1:2-4 ESV**
- But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect ..." **-1 Peter 3:15 NIV**
- For it is God who works in you to will and to act in order to fulfill His good purpose." **-Philippians 2:13 NIV**
- Jesus Christ is the same yesterday and today and forever. **-Hebrews 13:8 NIV**
- And He said to all, "If anyone would come after Me, let him deny himself and take up his cross daily and follow Me. **-Luke 9:23 ESV**
- For everyone has sinned; we all fall short of God's glorious standard. Yet God, in His grace, freely makes us right in His sight. He did this through Christ Jesus when He freed us from the penalty for our sins. **-Romans 3:23-24 NLT**
- And whatever you do, whether in word or deed, do it all in the Name of the Lord Jesus, giving thanks to God the Father through Him. **-Colossians 3:17 NIV**
- The LORD is good to all; He has compassion on all He has made. **-Psalm 145:9 NIV**



## BLESS GRIEVING MOMS WITH A REVIEW

If you've been encouraged by our podcast, would you [write a quick review on iTunes](#)? Think of it as spending two minutes of your time to invite a grieving mom to listen in on the message of hope you've just heard. We would be so grateful for your review and 5-star rating. Click [here](#) for instructions/videos on how to leave a review in case you haven't left one before. Thank you so much!

LEAVE A REVIEW

# Show Notes



## + OUR GUEST | MORIA ROONEY



Moria Rooney is married to Brian and together they have two sons, a two-year-old named Roman, and Noah who was born into Heaven at 35 weeks.

She is the founder of **Mother of Wilde**, a faith-based business that creates customized baby remembrance prints and gifts for grieving families who have experienced miscarriage, stillbirth, or infant loss.

### Connect with Moria

**Web:** [www.motherofwilde.com](http://www.motherofwilde.com)

**Facebook:** [/motherofwilde](https://www.facebook.com/motherofwilde)

**Instagram:** [@motherofwilde](https://www.instagram.com/motherofwilde)

↖ these are clickable!

## + OUR HOST | ASHLEY OPLIGER



Ashley is the Executive Director of Bridget's Cradles, a nonprofit organization based in Wichita, Kansas that donates cradles to over 1,250 hospitals in all 50 states and comforts over 26,000 bereaved families a year.

Ashley is married to Matt and they have three children: Bridget (in Heaven), and two sons. She is a follower of Christ who desires to share the hope of Heaven with families grieving the loss of a baby.

### Connect with Ashley

**Web:** [www.ashleyopliger.com](http://www.ashleyopliger.com)  
[www.bridgetscradles.com](http://www.bridgetscradles.com)

**Facebook:** [/ashleyopliger](https://www.facebook.com/ashleyopliger)

**Instagram:** [@ashleyopliger](https://www.instagram.com/ashleyopliger)

# Show Notes



## ABOUT MOTHER OF WILDE

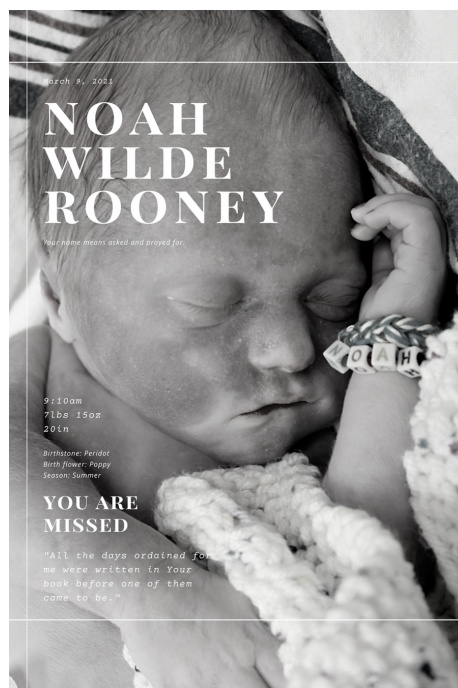
### MOTHER OF *Wilde*

Mother of Wilde offers a beautiful selection of thoughtful, comforting memorial prints for those grieving the loss of a child through death, stillbirth, and miscarriage.

Mother of Wilde was founded in Wilmington, North Carolina in 2021 with a mission to give hope to grieving parents after their baby has gone to Heaven. They also strive to change the taboo way individuals view stillbirth and baby loss through our memorial gifts.

Their remembrance gifts and infant loss memorial gifts are created specifically with mothers in mind. They give bereaved families an opportunity to share their child's photo and story. Their loss keepsakes can be completely customized with your child's details and, eventually, displayed in the home, instead of photos hidden away in a box in the attic.

Their mission is to encourage bereaved moms and dads to share their baby's story. Their hope is that through their baby remembrance gifts, they can point families to the joy, healing, and peace that can only come from Jesus.



**Purchase your own memorial print and get a 15% discount!**

Simply use the promo code **BRIDGET15** when checking out to receive 15% off your purchase.

**PURCHASE PRINT**

**BLOG**

**NOAH WILDE**

**FREE  
RESOURCES**

# Show Notes



## DISCUSSION / APPLICATION QUESTIONS

- Mother of Wilde exists so that grieving moms can share photos of their babies in Heaven in a dignified and beautiful way. Do you have photos of your baby and if so, do you feel comfortable sharing them? If not, what barriers exist that prevent you from sharing? If you'd like a customized memorial print, you can use BRIDGET15 to get 15% off a print at [www.motherofwilde.com](http://www.motherofwilde.com).

---

---

---

---

- Moria says that as Christ-followers our grieving should look different than the world's grieving because we have hope. It doesn't mean that we don't grieve, but that we do so knowing that we will one day see our babies again. Do you feel that your grieving reflects the promise of Heaven or do you feel your grieving more closely mimics the world? Why or why not?

---

---

- In this episode, Moria shares that everyone has the opportunity to say yes to God, but you have to be willing to say yes. In what ways has God given you opportunities to be a willing vessel for Him? Have you said yes? If not, what is holding you back? Share your thoughts and feelings below.

---

---

---





# Pinnable Graphics

Bridget's Cradles  
Cradled in Hope



EPISODE 21  
#CRADLEDINHOPE  
@BRIDGETSCRADLES

When Noah was born, I placed my hand on his chest and I begged God to breathe back into him. And it's hard sometimes whenever you have that faith, because they say, "Well, you just need mustard seed faith," but what do you do when you do have that faith and God doesn't perform the miracle still? God is still sovereign and holy.

Moria Rooney

Bridget's Cradles

EPISODE 21  
#CRADLEDINHOPE  
@BRIDGETSCRADLES

Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness. And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing.

-James 1:2-4 ESV


Bridget's Cradles

EPISODE 21  
#CRADLEDINHOPE  
@BRIDGETSCRADLES

The very emblem of our faith is rooted in suffering at the cross. So why do I think that I shouldn't have the opportunity to suffer just as Christ did?

Moria Rooney

Bridget's Cradles



**Moria Rooney**  
Episode 21 | Cradled in Hope Podcast

👏

That was really traumatic, having to leave the hospital without a baby in your arms and having to say hello and goodbye at the same time.

Bridget's Cradles

EPISODE 21  
#CRADLEDINHOPE  
@BRIDGETSCRADLES

God was trying to prepare us, get us into this place where we were going to be okay, that we would really have to lean on Him more than ever before.

Moria Rooney

Bridget's Cradles

EPISODE 21  
#CRADLEDINHOPE  
@BRIDGETSCRADLES

“

"But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect ..."

1 Peter 3:15 NIV



View and pin episode graphics from our Pinterest board [here](#).



# More Resources



## HOPE GATHERINGS ONLINE



Ashley Opliger  
BRIDGET'S CRADLES

**Join our Christ-centered monthly online support group** led by Ashley Opliger, Bridget's mom and Executive Director of Bridget's Cradles. The group is focused on finding hope and healing through God in community with each other and is open to any mom in the United States who has lost a baby due to miscarriage, stillbirth, or infant loss. For upcoming dates, please visit

[www.bridgetscradles.com/hopeonline](http://www.bridgetscradles.com/hopeonline).



## JOIN OUR FACEBOOK GROUP

**Join our Cradled in Hope community of Grieving Moms:**



# More Resources



## CATCH UP ON PAST EPISODES



**EPISODE 1:**  
**Welcome to Cradled in Hope**  
*with Ashley Opliger*

[LISTEN NOW](#)



**EPISODE 2:**  
**Finding Peace After Miscarriage**  
*with Alisha Illian*

[LISTEN NOW](#)



**EPISODE 3:**  
**Navigating Pregnancy Loss**  
*with Sarah Philpott*

[LISTEN NOW](#)



**EPISODE 4:**  
**Grieving a Life-Limiting Diagnosis**  
*with Amy Balentine*

[LISTEN NOW](#)



**EPISODE 5:**  
**Wrestling Well with God  
through Recurrent Loss**  
*with Kristin Hernandez*

[LISTEN NOW](#)



**EPISODE 6:**  
**Raising a Rainbow Baby to  
Remember Their Sibling in Heaven**  
*with Ashley & Branton Opliger*

[LISTEN NOW](#)



**EPISODE 7:**  
**Improving Hospital Experiences  
for Grieving Families**  
*with Lori Beth Blaney*

[LISTEN NOW](#)



**EPISODE 8:**  
**How to Nurture a Grieving  
Mother's Heart**  
*with Johanna Mutz & Denise Wolfe*

[LISTEN NOW](#)



**EPISODE 9:**  
**Anchored by the Gospel after  
Losing My Baby to Cancer**  
*with Jess McClenahan*

[LISTEN NOW](#)

# More Resources



## CATCH UP ON PAST EPISODES



**EPISODE 10:**  
**Walking through the Valley of  
the Shadow of Death**  
*with Avesha Stanley*

[LISTEN NOW](#)



**EPISODE 11:**  
**Pressing into the Pain  
after Infant Loss**  
*with Lindsay Johnson*

[LISTEN NOW](#)



**EPISODE 12:**  
**Renewing Your Mind after  
Pregnancy Loss**  
*with Alicia Michelle*

[LISTEN NOW](#)



**EPISODE 13:**  
**Coping with Hope  
Through the Holidays**  
*with Ashley Opliger*

[LISTEN NOW](#)



**EPISODE 14:**  
**The Power of Community  
for Grieving Mothers**  
*with foreknown Ministries*

[LISTEN NOW](#)



**EPISODE 15:**  
**Grieving with the  
Gospel**  
*with Casey Nestor*

[LISTEN NOW](#)



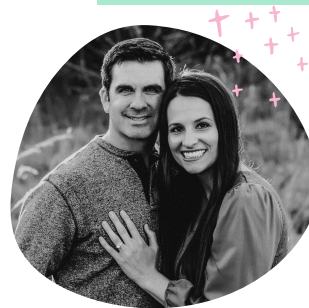
**EPISODE 16:**  
**Courageously Expecting  
After Loss**  
*with Jenny Albers*

[LISTEN NOW](#)



**EPISODE 17:**  
**Real Talk on  
Pregnancy Loss**  
*with Rachel Lewis*

[LISTEN NOW](#)



**EPISODE 18:**  
**Strengthening Your Marriage  
after Pregnancy Loss**  
*with Matt & Ashley Opliger*

[LISTEN NOW](#)



# More Resources



## CATCH UP ON PAST EPISODES



### EPISODE 19:

**When Wishes  
Change**

*with Fricia Roos*

[LISTEN NOW](#)



### EPISODE 20:

**Holding on to Love After  
You've Lost a Baby**

*with Candy McVicar*

[LISTEN NOW](#)

# More Resources



## ✚ FIND HOPE + HEALING

Please visit [www.bridgetscradles.com](http://www.bridgetscradles.com) to find resources for hope and healing after the loss of a baby. We pray that something there will be helpful to you and provide hope as you grieve and remember your precious baby in Heaven.



### Memorial Ideas

Ways to honor your baby in Heaven by remembering them in your home and daily life.

✚ ✚ ✚  
CLICK HERE  
TO READ  
MORE ✚ ✚



### Important Dates & Holidays

How to face difficult milestones and holidays in ways that bring peace and remembrance.

✚ ✚ ✚  
CLICK HERE  
TO READ  
MORE ✚ ✚



### Grieving & Healing

Ashley shares practical ideas that she found helpful in her grieving and healing journey.

✚ ✚ ✚  
CLICK HERE  
TO READ  
MORE ✚ ✚

# More Resources



## ✝ FIND HOPE + HEALING



### Recommended Books

Christ-centered books that provide hope and healing after the loss of a baby

CLICK HERE TO READ MORE



### Quotes & Bible Verses

A list of quotes and Bible verses to offer hope and healing for families who have experienced pregnancy or infant loss

CLICK HERE TO READ MORE



### Helpful Resources

A list of organizations and websites focused on providing healing to families grieving the loss of a baby

CLICK HERE TO READ MORE

SIGN UP TO RECEIVE HOPE-FILLED EMAILS + PODCAST UPDATES + FREE RESOURCES

SIGN UP NOW



# Our Organization



with  
**ASHLEY  
OPLIGER**



## ABOUT BRIDGET'S CRADLES



Bridget's Cradles is a 501c3 nonprofit organization based in Wichita, Kansas. It was founded after Matt and Ashley Opliger's daughter, Bridget Faith, was born into Heaven on October 22, 2014. Ashley's mom, Teresa, had knit a small cradle for Bridget, and it allowed them to hold her in a special and dignified way.

Since then, Ashley and a team of amazing volunteers have been passionate about comforting bereaved families across the country. Bridget's Cradles now donates cradles to over 1,100 hospitals in all 50 states, hosts support groups & remembrance events, and provides hope-filled resources online.



## WHAT WE DO



**DONATE CRADLES  
TO HOSPITALS**



**PROVIDE SUPPORT  
& RAISE AWARENESS**



**HOPE GATHERINGS  
SUPPORT GROUPS**



**WAVE OF LIGHT  
OCTOBER 15TH EVENT**



## GIVE HOPE

**Together, we can provide comfort and hope to more grieving families.** Your support will allow us to carry out critical program services so that together we can comfort bereaved families now and in the future. Visit [www.bridgetscradles.com/givehope](http://www.bridgetscradles.com/givehope).



# Let's Connect

## CONTACT

If you'd like to be in touch, please email us directly at:

[info@bridgetscradles.com](mailto:info@bridgetscradles.com)

## FOLLOW US

Be sure to follow us on Facebook and Instagram so you'll stay up to date on podcast and ministry updates!

[@bridgetscradles](#)  
[@ashleyopliger](#)  
[@cradledinhope](#)



*Bridget's Cradles*

